

REFERRAL PATHWAY

Mental Health Services

Statutory and Voluntary Mental Health and Social Care Services can refer or contact the Spiritual Care Team.

To contact the Spiritual Care Team for advice and support.

During office hours:

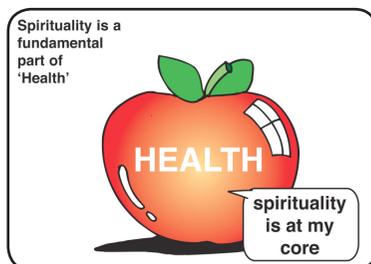
Contact the Spiritual Care Team at the Hospital site closest to you:

- ❖ by phone
- ❖ by email, all chaplains are on the Global system.
- ❖ by internal mail with a written referral (see back of this page)

Out of hours:

- ❖ Contact the on call chaplain via the switchboard of any of the three main hospitals.

The Spiritual Care Service provide a 24/7 on call service to all irrespective of faith and belief:



CONTACT DETAILS

Mental Health Spiritual Care Service

Marian McElhinney: 01355 584669
07833237374

Marian.Mcelhinney@lanarkshire.scot.nhs.uk

Hairmyres Hospital: 01355 585000

Spiritual Care Team: 01355 584585

Chaplains *Patricia Johnston*
Jim Hastie

Monklands Hospital: 01236 748748

Spiritual Care Team: 01236 712607

Chaplains *Helen Mee*
Christian Okeke

Wishaw General: 01698 361100

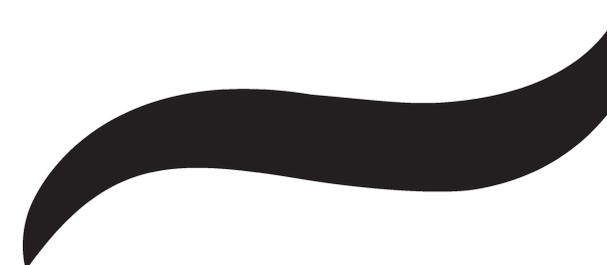
Spiritual Care Team: 01698 366779

Chaplains *Kathryn Anderson*
Sharon Colvin

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Information and Referral form for staff

Mental Health
Spiritual Care Service



REFERRAL FORM

Source of referral

Date of referral

Is the person
aware of referral? Yes No

Name

Address

.....

.....

Telephone

Date of birth

G.P.

Permission to
share information? Yes No

Reason for referral

.....

.....

Person's response to referral

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Please complete and send to:

Marian McElhinney

Mental Health Spiritual Care Service

Psychiatric Day Hospital

Hairmyres Hospital, East Kilbride G75 8RG

SPIRITUAL CARE AND MENTAL HEALTH

When facing mental health difficulties there is often a need to question what is happening:

- ❖ Why am I suffering?
- ❖ Why are things so difficult?
- ❖ What purpose is there in life now?
- ❖ How can I find hope?
- ❖ How can I make sense of my experiences?

Searching for the answers can put a person in touch with the spiritual aspect of their life.

Spirituality recognises that the journey of 'making sense' of our experiences embraces heart, soul and spirit as well as mind and body.

Spiritual Care and its relationship with Religious Care

- ❖ **Spiritual Care** is usually given in a one-to-one relationship, is completely person centered.
- ❖ **Religious Care** is given in the context of the shared religious beliefs and lifestyle of a faith community.
- ❖ **Spiritual Care** is not necessarily religious.
- ❖ **Religious Care** at its best should always be spiritual. (HDL(2002)76)

SPIRITUAL ASSESSMENT

Spiritual care is a key component of any assessment process.

Some useful questions:

- ❖ What keeps you going when things get difficult?
- ❖ Where have you found strength in the past?
- ❖ How do you express your spirituality?
- ❖ Are you religious?

Assessment looks to understand for each person their Personal Spiritual Framework (PSF).

There are a variety of assessment tools which the Spiritual Care team can advise on.

MEETING RELIGIOUS NEEDS

The Spiritual Care Team is in contact with the different faith and belief groups in the area and can make sure that particular religious needs are met during the care pathway.

***"You hang on to the hope
for us when my head is
out of it." (a patient)***