

Lifelines intervention flowchart

This flowchart should be used in conjunction with the supporting Lifelines Guidelines.

In the case of Child Protection, please use your agency's guidance.

This flow chart assumes that all users will be trained on ASIST and Supporting young people who are self-harming.



Remember

- Try to make them feel safe
- Try to be calm and reassuring
- Listen and take their concerns seriously
- Remember self-harming is usually a coping mechanism
- Don't make them promise not to do it again

