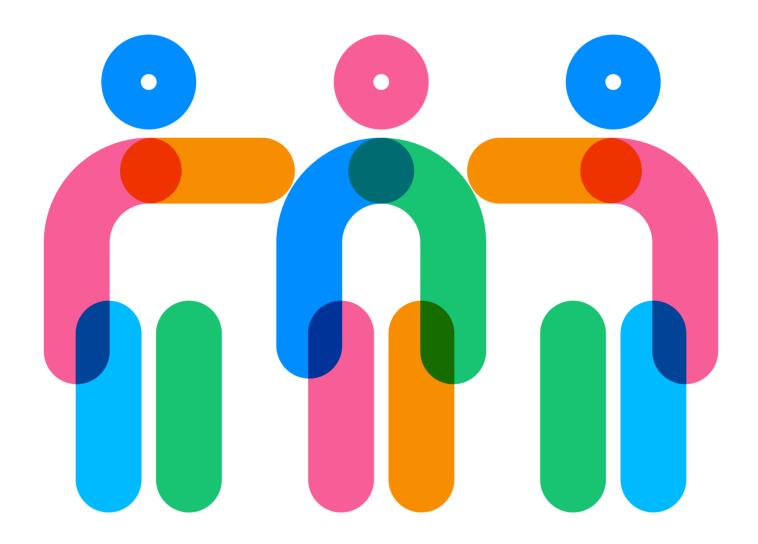




By working together we can make your community a place where we support wellbeing and talk openly about suicide and mental health

Get involved and find out more about our aim to make North Lanarkshire Scotland's first 'Suicide Safer Community' at northlanarkshire.gov.uk/safer or call 0800 073 0918











Do you need support right now? Call the Samaritans on 116123 or Breathing Space on 0800 83 85 87





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