**Applied Suicide Intervention Skills Training (ASIST)**

‘Choose Life’ A National Strategy and Action plan to Prevent Suicide in Scotland was launched by the Scottish Executive in 2002 and describes suicide as an urgent public health issue.

In 2015, 746 people died by suicide and undetermined injury in Scotland. Every year over 7000 people are treated in hospital for incidents of non-fatal self-harm. It is estimated that 1 in 17 or 250000 people in Scotland have suicidal thoughts in any twelve-month period.

A North Lanarkshire suicide prevention action plan was completed in December 2003 and sets out how Choose Life will be addressed locally. As part of this action plan a series of Applied Suicide Intervention Skills Training (ASIST) workshops have been planned.

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In order to apply for a place please complete the attached form and return it either by post to Aileen Thomson at the 52-60 merry Street or by email to [ThomsonAi@northlan.gov.uk](mailto:ThomsonAi@northlan.gov.uk) Places are limited and not all applicants will be successful in obtaining a place

We must emphasise that those nominated must be available for the full two consecutive days. Furthermore this is an intensive course addressing issues on an emotive level. The two-day course although rewarding is also challenging and the interactive programme includes teaching, discussion and skills practice.

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If you are unable to attend for any reason please let Aileen Thomson know either by e-mail or phone call 01698 332 068 as soon as possible. If you are cancelling on the day of the course please ensure that you call before 9.30am to allow us to inform the trainer. Failure to inform us may result in the referring agency or person being invoiced for the cost of the course.

**Please note that attendance at the full two days is essential. Furthermore this is an intensive course addressing issues on an emotive level. The two-day course although rewarding is also challenging and the interactive programme includes teaching, discussion and skills practice. Training starts prompt at 9.00am. Lunch is no longer provided, however fridges are available to enable participants to bring their own lunch. There are no facilities for heating food. Tesco Express, Greggs and the local Nisa are in close proximity to the centre.**

**Please ensure application is authorised by your Line Manager before submitting.**

#### **I wish to apply for a place on an ASIST workshop**

Nominee’s Name: Line Manager Print Name:

Job Title: Line Manager Signature:

Organisation: Telephone:

Work Address: Email:

Telephone**:**

Email:

**Please specify any dietary requirements**:

Please **tick** which Locality you work:

(If appropriate you can tick more than one box)

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| **Motherwell** | **Wishaw** | **Bellshill** | **Coatbridge** | **Airdrie** | **Cumbernauld** |
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| **Dates** | **Venue** | **Please tick which workshop you wish to attend** |

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|  | **L & O D, Training Suites, Edward Lawson Centre, Coltness Road, Wishaw, ML2 7EX** |  |