# Marian McElhinney Mental Health Chaplain NHS Lanarkshire





### The aims for today

1. To put Spiritual Care in a legislative framework

- 2. To put Spiritual Care into a professional context
- 3. To put Spiritual Care into a person centred context

### **Key Policy Drivers**

- <u>2002</u> Fair For All: Working Together towards Culturally Competent Services NHS HDL (2002)51.
- <u>2002</u> Spiritual Care in NHS Scotland: HDL (2002) 76.
- 2003 Mental Health (Care and Treatment) Act (Scotland) 2003.
- 2007 Better Health, Better Care: NHS (2007).
- 2008 Spiritual Care & Chaplaincy: CEL (2008)49.



<u>2010</u> The NHS Quality Strategy for NHS Scotland (2010).

### SO WHAT???

#### The aim is to develop:

..care encounters that are consistently personcentred, clinically effective and safe for every person, all the time.

(Quality Strategy, 2010)

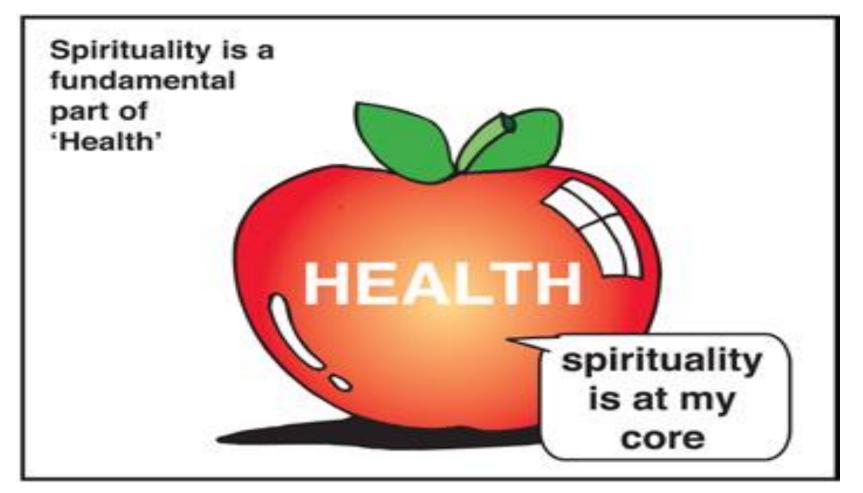
### Person Centred Care recognises:

The beliefs The Spiritual The The emotional culture The physical The individual The traditions The sexual orientation The gender

Failing to recognise the whole person.

Not giving person centred care.

• The consequence of which is, the individual's recovery journey may be hampered.

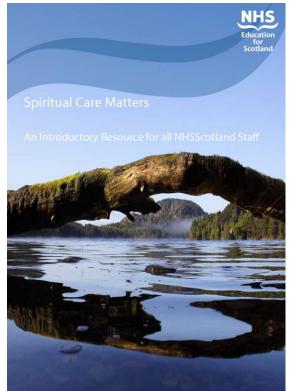


## spirituality or religion, faith or beliefs

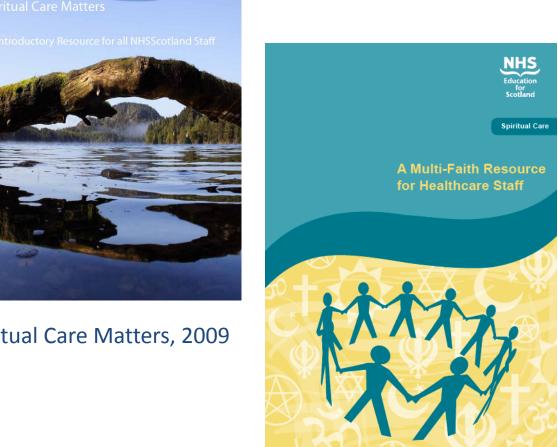
- What gives you a sense of worth, value, purpose?
- What has your illness taken away from you?
- What needs to be restored to aid recovery?
- What personal resources can be tapped to aid this process?

### Who is responsible?

### ALL OF US!



Spiritual Care Matters, 2009

















### Resources and Training

- The 10 Essential Care Capabilities, Scotland: NES, 2011 version
- Realising Recovery Learning Materials: SRN & NES
- Clinical Supervision/Reflective Practice
- Lanarkshire Spiritual Care Team
- Royal College of Psychiatry Spirituality Special interest Group

### Spiritual Care Resource

We are all in this together......but when you need a specialist make a referral to the chaplain via your Spiritual Care Team at any of the hospitals