

In association with

Green Health Week


**Mental Health
Awareness Week**



King George V Community Garden Launch

Tuesday 14th May 2024, 1–3pm
King George V Park, Wishaw ML2 0DZ



Activities:

**Gardening/planting, health walk, mindfulness,
mental health supports, stalls and refreshments**

For further information – email Grant Murdoch: grant.murdoch@lanarkshire.scot.nhs.uk

