



Get Outdoors
Lanarkshire

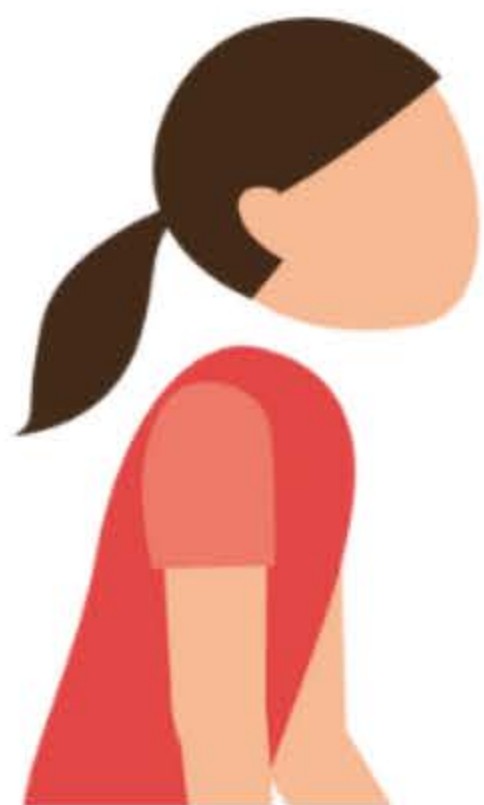


Wednesday 15th May

2.30–3.00pm

Meet at the entrance to the health centre

Celebrate Green Health Week with Lanarkshire Green Health Partnership. Join us for a short stroll in Overtoun Park to experience the benefits of connecting to nature. We'll also tell you about the new nature prescription tool to support wellbeing through nature connection.



Open to all H&S staff, partners
and community groups

Green Health Week

